



Norman Woodcock Virtual Relays, hosted by Elswick Harriers, Sat 21st to Sat 28th Nov 2020

Any terrain relay, 3 legs of 2 mile each. Every team to contain at least one lady and one veteran 35+ (can be the same person)



Pos	Club	Team	1st Leg Name	M/F	Sen/Vet	Time	2nd Leg Name	M/F	Sen/Vet	Time	3rd Leg Name	M/F	Sen/Vet	Time	Cumulative Time
1	Tyne Bridge Harriers	A	Ellen Jeffreys	F	Vet	0:11:56	Paul O'Mara	M	Vet	0:10:20	Tom Charlton	M	Vet	0:09:29	0:31:45
2	Elswick Harriers	1	Lewis Liddle	M	Senior	0:10:22	Scott Brady	M	Vet	0:10:28	Amy Fuller	F	Senior	0:11:29	0:32:19
3	Heaton Harriers	2	Mark Banks	M	Senior	0:10:29	Ellen Roberts	F	Vet	0:12:23	Phil Jamieson	M	Senior	0:10:28	0:33:20
4	South Shields Harriers	A	Fran Dembele	F	Vet	0:11:57	Chris Camps	M	Vet	0:10:48	Paul Owen	M	Vet	0:11:15	0:34:00
5	Tyne Bridge Harriers	B	Megan Parkin	F	Senior	0:12:05	Cees Van Der Land	M	Vet	0:11:12	Mark Toward	M	Senior	0:10:48	0:34:05
6	Elswick Harriers	2	Andrew Ball	M	Vet	0:10:30	Richard Houghton	M	Vet	0:11:25	Andrea Banner	F	Vet	0:12:14	0:34:09
7	Claremont Road Runners	A	Kris Axon	M	Senior	0:10:27	Catherine Young	F	Senior	0:12:06	Roberto Marzo	M	Vet	0:11:44	0:34:17
8	Heaton Harriers	1	Ian Robinson	M	Senior	0:10:17	Laura Oldfield Smith	F	Senior	0:12:29	Andrew Bell	M	Vet	0:12:07	0:34:53
9	South Shields Harriers	B	Emma White	F	Senior	0:12:20	Simon May	M	Vet	0:11:31	Gavin Mulvaney	M	Vet	0:11:21	0:35:12
10	Tyne Bridge Harriers	D	Kathryn Stevenson	F	Vet	0:12:33	Ben Rea	M	Vet	0:11:08	Justin Januszewski	M	Vet	0:11:35	0:35:16
11	Jarrow & Hebburn	A	Jonathan Gilroy	M	Vet	0:11:21	Carl Smith	M	Vet	0:11:37	Alex Snedden	F	Senior	0:12:21	0:35:19
12	Ashington Hirst RC	A	Charlotte Baston	F	Senior	0:13:50	Chris Snowball	M	Senior	0:10:55	Anthony Norman	M	Vet	0:11:02	0:35:47
13	Tyne Bridge Harriers	C	Sophie Marr	F	Senior	0:12:42	Alasdair Blain	M	Vet	0:11:09	Andrew Keers	M	Senior	0:11:57	0:35:48
14	Heaton Harriers	3	Magnus McGillivray	M	Vet	0:10:48	Lisa McGillivray	F	Senior	0:14:12	James Mckenzie	M	Senior	0:11:12	0:36:12
15	Elswick Harriers	3	Martin Connelly	M	Vet	0:11:34	Robb Young	M	Vet	0:11:46	Lindsey Grant	F	Vet	0:12:55	0:36:15
16	Heaton Harriers	4	Jack Shawcross	M	Senior	0:11:03	Deborah Hicks	F	Vet	0:14:38	Mark Hope	M	Vet	0:10:39	0:36:20
17	South Shields Harriers	C	Kellie Paterson	F	Vet	0:12:44	Tom Colquh	M	Senior	0:11:49	Max Tyrie	M	Senior	0:11:56	0:36:29
18	Tyne Bridge Harriers	E	Rachel Adamson-Brown	F	Vet	0:12:11	Lee Pattinson	M	Vet	0:12:11	Matt Walker	M	Senior	0:12:09	0:36:31
19	Heaton Harriers	7	Ben Collins	M	Senior	0:10:54	Laura Percy	F	Senior	0:13:53	John Sturman	M	Vet	0:11:57	0:36:44
20	Jarrow & Hebburn	B	Mick Thornton	M	Vet	0:11:58	Alexis Dodd	F	Vet	0:12:23	Gary Reay	M	Vet	0:12:26	0:36:47
21	Heaton Harriers	5	Nick Lamb	M	Senior	0:11:22	Abi Timms	F	Senior	0:14:06	Les Smith	M	Vet	0:11:22	0:36:50
22	Claremont Road Runners	B	Laurie Johnson	M	Senior	0:11:38	Sarah Kerr	F	Vet	0:12:45	Paul Robinson	M	Vet	0:11:32	0:37:25
23	Elswick Harriers	4	Mark Turnbull	M	Vet	0:11:53	Chris Pearce	M	Vet	0:12:38	Nichola Conlon	F	Senior	0:12:56	0:37:27
24	South Shields Harriers	D	Jackie Murdy	F	Vet	0:12:48	Kieran Moffat	M	Senior	0:12:26	Andrew Dorian	M	Senior	0:12:34	0:37:48
25	Tyne Bridge Harriers	F	Lucy Turzynski	F	Vet	0:12:47	Mick Bell	M	Vet	0:12:28	George Stainsby	M	Vet	0:12:34	0:37:49
26	Prudhoe Plodders	A	Richard Heslop	M	Vet	0:12:31	Chris Mulligan	M	Vet	0:11:23	Amy Ritson	F	Senior	0:13:58	0:37:52
27	Jarrow & Hebburn	C	Pete Dodd	M	Vet	0:12:30	Gary Brooks	M	Vet	0:12:32	Hazelle Webster-Costella	F	Senior	0:12:52	0:37:54
28	Blyth Running Club	K	Nic Crofts	M	Vet	0:11:54	Kate McLean	F	Senior	0:13:30	David Trilow	M	Senior	0:12:31	0:37:55
29	Tyne Bridge Harriers	G	Louise Lennox	F	Vet	0:12:57	David Appleby	M	Vet	0:12:35	John Tolt	M	Vet	0:12:33	0:38:05
30	Blyth Running Club	C	Steve Dobby	M	Vet	0:13:10	Alison Cummings	F	Vet	0:14:09	Jake Jansen	M	Senior	0:10:49	0:38:08
31	Heaton Harriers	8	Jamie Barbour	M	Vet	0:11:38	Nina Cameron	F	Vet	0:14:00	Pete Jobs	M	Vet	0:12:36	0:38:14
32	Blyth Running Club	A	Pete Holmback	M	Vet	0:11:56	Sandra Watson	F	Vet	0:14:28	Ian Baxter	M	Vet	0:12:03	0:38:27
33	Elswick Harriers	5	Ben Hall	M	Vet	0:12:49	Paul Taylor	M	Vet	0:12:51	Susanne Stephenson	F	Vet	0:13:03	0:38:43
34	Blyth Running Club	L	Andy Patchett	M	Vet	0:12:44	Lee Elder	F	Vet	0:13:35	Alan Stewart	M	Vet	0:12:52	0:39:11
35	Elswick Harriers	6	Jonathan Rewcastle	M	Senior	0:13:00	Steven Naylor	M	Senior	0:13:02	Arabella Arnott	F	Vet	0:13:15	0:39:17
36	South Shields Harriers	E	Kathleen Bancroft	F	Senior	0:13:05	Michelle Douglas	F	Vet	0:13:05	Martin White	M	Vet	0:13:20	0:39:30
37	Tyne Bridge Harriers	H	Hannah Stewart	F	Senior	0:13:27	Nell Thompson	M	Vet	0:12:56	Jamie Wilson	M	Vet	0:13:11	0:39:34
38	Blyth Running Club	B	Henry Madden	M	Vet	0:11:42	Sue Browning	F	Vet	0:15:36	Robby Barkley	M	Vet	0:12:42	0:40:00
39	Tyne Bridge Harriers	I	Nicole McIntyre	F	Senior	0:13:53	James Knox	M	Vet	0:13:59	Simon Pryde	M	Vet	0:12:14	0:40:06
40	Ashington Hirst RC	B	Karen McNeill Smith	F	Vet	0:14:41	Marty Cottiss	M	Vet	0:12:52	James Wilson	M	Vet	0:12:48	0:40:21
41	Tyne Bridge Harriers	J	Becky Parkin	F	Senior	0:13:10	Chris Parkin	M	Vet	0:14:20	Alison Dargie	F	Vet	0:12:52	0:40:22
42	Heaton Harriers	9	Andy Duguid	M	Vet	0:12:05	Vicki Addison	F	Senior	0:16:15	Douglas Cockett	M	Vet	0:12:12	0:40:32
43	Elswick Harriers	7	Simon Allen	M	Vet	0:13:22	Felicity Smith	F	Vet	0:13:28	Thomas Milburn	M	Senior	0:13:49	0:40:39
44	Alnwick Harriers	E	Diana Weightman	F	Vet	0:13:43	Stuart Morris	M	Vet	0:14:12	Jo Gascoigne-Owens	F	Vet	0:12:49	0:40:44
45	Heaton Harriers	6	Andrew Murray	M	Senior	0:12:03	Mandy Hood	F	Senior	0:16:46	Andy Burden	M	Vet	0:11:56	0:40:45
46	South Shields Harriers	F	Suzanne McStea	F	Vet	0:14:02	Aksana Novokhrost	F	Vet	0:14:07	George Bull	M	Vet	0:12:47	0:40:56
47	Claremont Road Runners	C	Dave Roberts	M	Senior	0:13:03	Clare McKittrick	F	Vet	0:15:31	Chris Jones	M	Vet	0:12:35	0:41:09
48	Tyne Bridge Harriers	M	Rachael Perowne	F	Vet	0:13:07	Clara Riach	F	Senior	0:14:02	Ria Chaston	F	Vet	0:14:05	0:41:14
49	South Shields Harriers	G	Kirsty Stewart	F	Vet	0:13:19	Angela Charlton	F	Vet	0:14:38	Colin Robson	M	Vet	0:13:18	0:41:15
50	Claremont Road Runners	H	Vicky Moore	F	Senior	0:13:57	Nicki O'Brien	F	Vet	0:13:58	Dean O'Brien	M	Vet	0:13:39	0:41:34
51	Elswick Harriers	8	Sara Blight	F	Vet	0:13:40	Robyn Naylor	F	Senior	0:13:56	Debbie Spoor	F	Vet	0:14:03	0:41:39
52	Tyne Bridge Harriers	K	Lucy Matheson	F	Vet	0:13:53	Iain Dalby	M	Vet	0:13:41	Adam Scott-Jones	M	Vet	0:14:18	0:41:52
53	Ashington Hirst RC	C	Laura Shaw	F	Vet	0:14:57	Sean Henderson	M	Senior	0:13:15	Michael Floyd	M	Vet	0:13:44	0:41:56
54	Jarrow & Hebburn	D	Jenna Killock	F	Senior	0:13:25	Angela McGurk	F	Vet	0:13:49	Helen Ruffell	F	Vet	0:14:45	0:41:59
55	Team Coco	A	David Laws	M	Vet	0:13:35	Dan Laws	M	Senior	0:11:50	Louise Laws	F	Vet	0:16:38	0:42:03
56	Alnwick Harriers	G	Caro Fentiman	F	Vet	0:15:39	Rosie Davison	F	Senior	0:13:20	Karen Kelly	F	Vet	0:13:22	0:42:21
57	Heaton Harriers	10	Peter Smith	M	Vet	0:14:04	Beth Lawry	F	Senior	0:15:09	Stu Pidass	M	Vet	0:13:13	0:42:26
58	Blyth Running Club	M	Janice Stewart	F	Vet	0:13:44	Danielle Cooper	F	Vet	0:15:23	Gary Rydz	M	Vet	0:13:29	0:42:36
59	Heaton Harriers	11	Dougie Leckie	M	Vet	0:14:09	Jennifer Hughes	F	Senior	0:15:06	Steve Tanser	M	Vet	0:13:37	0:42:52
60	Blyth Running Club	D	Steven French	M	Vet	0:12:52	Alyson Roper	F	Vet	0:15:52	Michael Ashby	M	Vet	0:14:20	0:43:04
61	Claremont Road Runners	D	Violeta Tenosva	F	Senior	0:15:20	Maria Duenas	F	Senior	0:14:14	Dave Lydall	M	Vet	0:13:58	0:43:14
62	Prudhoe Plodders	B	Seamus Kelleher	M	Vet	0:13:52	Kerry Byrne	F	Vet	0:16:03	Gary Martin	M	Vet	0:14:24	0:44:19
63	South Shields Harriers	P	Stacey Temple	F	Senior	0:15:37	Lesley Wallace	F	Vet	0:16:47	Iain Goff	M	Vet	0:11:58	0:44:22
64	Ashington Hirst RC	D	Michelle Embleton	F	Vet	0:15:39	Geoff Rogers	M	Vet	0:14:31	Rick Smith	M	Vet	0:14:33	0:44:43
65	Tyne Bridge Harriers	L	Heather Dorman	F	Vet	0:13:55	Dave Cornish	M	Vet	0:14:49	Richard Taylor	M	Vet	0:16:02	0:44:46
66	Blyth Running Club	E	Richard Daly	M	Vet	0:13:56	Clair Mason	F	Vet	0:15:41	Krysta Storey	M	Senior	0:15:09	0:44:46
67	Gateshead Harriers	A	Angela Kirtley	F	Vet	0:14:43	Leanne Parkin	F	Vet	0:15:29	Gillian Robinson	F	Vet	0:15:07	0:45:19
68	Ashington Hirst RC	E	Natalie McDermott	F	Vet	0:15:51	Dan Ryland	M	Vet	0:14:35	Steven Brash	M	Vet	0:15:01	0:45:27
69	Claremont Road Runners	E	Julie Cross	F	Vet	0:14:34	Mandy Herworth	F	Vet	0:15:07	Luke Woodend	M	Vet	0:15:47	0:45:28
70	Alnwick Harriers	F	Tess Allan	F	Vet	0:18:26	Jo Powell	F	Vet	0:13:37	Lisa Baston	F	Vet	0:13:27	0:45:30
71	South Shields Harriers	I	Lisa Oliver	F	Vet	0:15:27	Joanne Evans	F	Vet	0:15:20	Matthew Smith	M	Vet	0:14:56	0:45:43
72	Tyne Bridge Harriers	N	Sarah Hamblin	F	Vet	0:14:34	Joanne Evans	F	Vet	0:15:33	Susan Murphy	F	Vet	0:15:55	0:46:02
73	Claremont Road Runners	K	Tara Hipwood	F	Vet	0:16:31	Julie Dupleton	F	Vet	0:17:29	Tom Tinsley	M	Vet	0:12:17	0:46:17
74	South Shields Harriers	H	Katherine Stewart	F	Vet	0:14:22	Chloe Pearson	F	Senior	0:14:28	Nichola Hood	F	Vet	0:17:36	0:46:26
75	South Shields Harriers	J	Sarah Houston	F	Vet	0:19:14	Ian Houston	M	Vet	0:13:52	Allan Ball	M	Vet	0:13:34	0:46:40
76	Ashington Hirst RC	F	Claire Armstrong	F	Senior	0:16:16	Rob Anderson	M	Vet	0:15:02	Nathan Fuller	M	Senior	0:15:24	0:46:42
77	South Shields Harriers	O	Vicky Borrell	F	Vet	0:20:02	Darren Murray	M	Senior	0:12:57	Dave Allano	M	Vet	0:13:44	0:46:43
78	South Shields Harriers	L	Angela Hayes	F	Vet	0:16:14	Alison Heilbron	F	Vet	0:16:14	David Whittle	M	Vet	0:14:44	0:47:12
79	Tyne Bridge Harriers	O	Kerry Reed	F	Vet	0:16:12	Neil Eyes	M	Vet	0:16:28	Gemma Finnie	F	Senior	0:14:48	0:47:28
80	Blyth Running Club	I	Alison French	F	Vet	0:15:50	Ralph Dickinson	M	Vet	0:16:26	Karyn McCloud	F	Vet	0:16:10	0:48:26
81	Blyth Running Club	F	David McGarry	M	Vet	0:16:10	Anne Craddock	F	Vet	0:16:45	Dave Bradley	M	Vet	0:15:49	0:48:44
82	Heaton Harriers	12	Anthony Scott Daglish	M	Senior	0:16:32	Pauline Chaplin	F	Vet	0:16:44	Sam Daley	M	Vet	0:15:38	0:48:54
83	Tyne Bridge Harriers	Q	Karen Walker	F	Vet	0:17:18	Gill Parkin	F	Vet	0:15:33	Fiona Gilchrist	F	Vet	0:16:10	0:49:01
84	Tyne Bridge Harriers	R	Lizzie Clegg	F	Senior	0:15:44	Alison Bulman	F	Vet	0:16:57	Ray Wilkey	M	Vet	0:16:32	0:49:13
85	Elswick Harriers	9	Stevie Curry	M	Vet	0:14:47	Kim Matthews	F	Vet	0:15:08	Jonny Lowes	M	Vet	0:19:25	0:49:20
86	Tyne Bridge Harriers	P	Joanne Wood	F	Vet	0:17:15	Keelie Garrard	F	Vet	0:16:45	Katie Rensison	F	Vet	0:15:29	0:49:29
87	Prudhoe Plodders	I	Craig Thompson	M	Senior	0:15:41	Maddie Ineson	F	Senior	0:16:32	Lindsey Lockety	F	Vet	0:17:34	0:49:47
88	Ashington Hirst RC	G	Dianne Watts	F	Vet	0:16:43	Jon Sharp	M	Vet	0:16:52	Brian Singleton	M	Vet	0:16:31	0:50:06
89	Claremont Road Runners	F	Ay Okpokam	F	Vet	0:18:54	Marie Slack	F	Vet	0:17:25	Richard Slack	M	Vet	0:13:55	0:50:14
90	Prudhoe Plodders	D	Lesley Ineson	F	Vet	0:16:22	Sharon Carr	F	Vet	0:19:29	Caroline O'Neill	F	Vet	0:14:56	0:50:47
91	Tyne Bridge Harriers	U	Laney Fitzpatrick	F	Vet	0:16:54	Helen Bell	F	Vet	0:17:56	Isabel Clough	F	Vet	0:15:57	

